

Sample Expectations 1 – Family Contribution (older teen)

- Bedroom, bathroom, and closet to be clean and neat daily before school (bed made).
 - Car inspection (if applicable) weekly for cleanliness (Friday or Saturday).
 - Weekly Planner check every Sunday
 - “Study Hall” Sunday night through Thursday night 7:00-9:30, Quiet/no technology, phone in charging station, no messaging from computer. (Reschedule study hall time if necessary in planner 1 day ahead).
 - Daily Digital Detox from 10:15 pm – 7:45 am.
 - Lights out bedtime 10:30 pm on school nights. 1 infraction for each 15 minutes after 10:30 pm.
 - Breakfast check-in @7:15
 - Lunch check. All lunchware to return to kitchen immediately upon arrival home from school, not in hallway or bedroom.
 - No attitude or pushback with parents toward enforcing the above – an infraction will occur for that.
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- One infraction will be assessed for each violation of any of the above. Each infraction will require 15 minutes of “work crew” first thing Saturday morning and is your responsibility to schedule. Once three infractions occur, use of the car, riding, and friend visits will stop until Saturday when “work crew” is completed.