

Tweens, Teens & Families – Understanding & Loving the Creatures we Live With

- Do you want improved communication and a better relationship with your teen?
- Do you want to understand what motivates and energizes them?
- Do you want to help them make the best possible decisions regarding education direction and college choices?

If you answered “yes” to any of the above, join us for this unique opportunity to decode your teen’s behavior (and your own!).

Using ‘animals’ to describe four different behavior styles we look at “who’s who in your zoo” and how to improve the dynamics in and outside of the home.

Overview

This fun and engaging workshop is designed to help teens (and parents) understand:

- Individual behavior style – what makes you/them tick and how to better communicate.
- Personal motivation, learning style, interests and talents – how to make better study, career and life choices.
- The behavior style of others – to appreciate family and peer group differences.
- How to develop productive relationships – at home, at school and ultimately at work.

What you will get out of this workshop:

- That fabulous ‘a-ha’ moment when you and your teen uncover your true selves.
- Breaking down the ‘brick wall’ of communication between parents and teens.
- A language for improved communication and relationships.
- A good laugh – at yourself and your teen!

Duration: 90 minutes